

# Grade 4 Gurmat Final Syllabus

May 2013

## 1. Gurbani Recitation

1. Minimum: Mool Mantar and complete Japji Sahib
2. Bonus: Nitnem Banis, Sukhmani Sahib or Asa di Vaar as assigned individually by the Teacher

## 2. Japji Sahib

1. Key messages (last lines) of Mool Mantar and selected Japji Sahib Pauris
2. Questions/Answers from Mool Mantar and complete Japji Sahib
3. Vocabulary: Word meanings from selected Japji Sahib Pauris
4. Guru Granth Sahib Shabad interpretation using words from Japji Sahib

## 3. Gurmat

1. Description of Nitnem Banis, Sukhmani Sahib and Asa di Vaar
2. Questions/Answers from Ardas and Rehat Maryada (Pages 1-9)
3. Questions/Answers from Gurmat Concepts: Naam Simran, Maya, Gurmukh/Manmukh, Karma, Bani/Shabad, Mokh and Atma/Jeea
4. Vocabulary: Word meanings from Ardas